

10 Years Adipositas-Zentrum Nord-West,

Friesoythe

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Adipositas-Zentrum
Nord-West



Friesoythe is the oldest town in the district of Cloppenburg and one of the largest communities in Germany with not more than 21,000 citizens. There is a lot to see in the old hanseatic city. One should have seen the 1,000-year-old Vitus Church and much more...

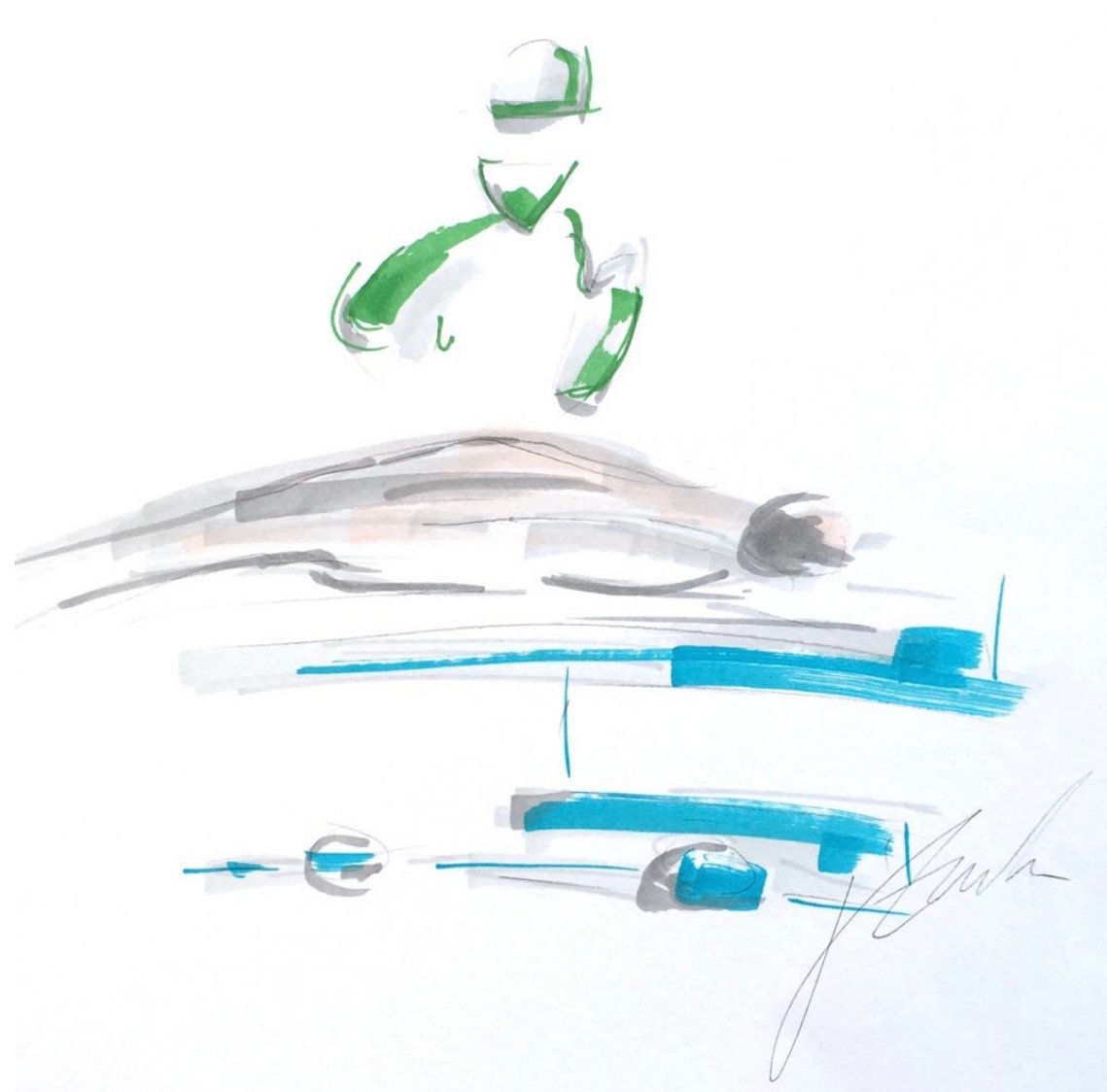
The St. Marien-Hospital in Friesoythe is an efficient clinic for basic and standard care with 116 beds. 2017 it celebrated its 150th anniversary year!

Since 2007 it has been a major challenge to establish a certified Obesity-Center in such a small clinic with rural surroundings, which currently treats more than 1,000 obese patients each year!



Facts...

2007 - after one year of Preparation - the first Bariatric-Procedure was carried out. This Intervention took 3.5 hours and a whole OR-room was locked. Currently, 4-5 metabolic procedures are usually performed in one day - under one hour per operation with very high quality-standards! The Adipositas-Zentrum Nord-West has been certified since 2013.



2007-2017:

| | |
|-----------------------------------|------|
| First performances and treatments | 6134 |
| surgical interventions | 2065 |
| type 2 diabetes mellitus | 23% |

at the time of surgery
4 months Follow-Up
8 months Follow-Up
1 year Follow-Up
2 years Follow-Up

| Average weight | BMI | EWL |
|----------------|----------------------|-----|
| 143 kg | 48 kg/m ² | |
| 112 kg | 43 kg/m ² | 46% |
| 103 kg | 37 kg/m ² | 59% |
| 96 kg | 32 kg/m ² | 69% |
| 95 kg | 31 kg/m ² | 71% |

Expectations of...

...the Patients



- No discrimination
- Acceptance in the population
- Treatment:
 - as fast as possible
 - as safe as possible
 - as long as necessary
- Low change in lifestyle
- No participation in the costs

...the Health Insurance Companies



- Multimodal Therapy Concept
- Evidence Based Medicine
- guideline-appropriate Therapy
- Lifelong Follow-Up
- surgery if necessary

...the Therapists



- Professional network
- Freedom of therapy
- Evidence Based Medicine
- Recognition of the disease...
 - ...from the society
 - ...from the insurance companies
 - ...from the colleagues
- Short communication channels
- Lifelong treatment concept
- Reimbursement for the
 - Diagnostic,
 - Conservative Therapy,
 - Treatment before surgery,
 - Surgery and
 - lifelong Follow-Up

In Germany so far without a financing concept

st.marienhospital
friesoythe

