

# 10 Years Adipositas-Zentrum Nord-West,

## Friesoythe

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Adipositas-Zentrum  
Nord-West



Friesoythe is the oldest town in the district of Cloppenburg and one of the largest communities in Germany with not more than 21,000 citizens. There is a lot to see in the old hanseatic city. One should have seen the 1,000-year-old Vitus Church and much more...

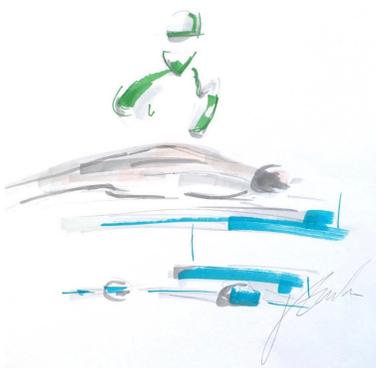
The St. Marien-Hospital in Friesoythe is an efficient clinic for basic and standard care with 116 beds. 2017 it celebrated its 150th anniversary year!

Since 2007 it has been a major challenge to establish a certified Obesity-Center in such a small clinic with rural surroundings, which currently treats more than 1,000 obese patients each year!



### Facts...

2007 - after one year of Preparation - the first Bariatric-Procedure was carried out. This Intervention took 3.5 hours and a whole OR-room was locked. Currently, 4-5 metabolic procedures are usually performed in one day - under one hour per operation with very high quality-standards! The Adipositas-Zentrum Nord-West has been certified since 2013.



2007-2017:

First performances and treatments 6134  
surgical interventions 2065  
type 2 diabetes mellitus 23%

at the time of surgery  
4 months Follow-Up  
8 months Follow-Up  
1 year Follow-Up  
2 years Follow-Up

Average weight	BMI	EWL
143 kg	48 kg/m <sup>2</sup>	
112 kg	43 kg/m <sup>2</sup>	46%
103 kg	37 kg/m <sup>2</sup>	59%
96 kg	32 kg/m <sup>2</sup>	69%
95 kg	31 kg/m <sup>2</sup>	71%

### Expectations of...

#### ...the Patients



- No discrimination
- Acceptance in the population
- Treatment:
  - as fast as possible
  - as safe as possible
  - as long as necessary
- Low change in lifestyle
- No participation in the costs

#### ...the Health Insurance Companies



- Multimodal Therapy Concept
- Evidence Based Medicine
- guideline-appropriate Therapy
- Lifelong Follow-Up
- surgery if necessary

#### ...the Therapists



- Professional network
- Freedom of therapy
- Evidence Based Medicine
- Recognition of the disease...
  - ...from the society
  - ...from the insurance companies
  - ...from the colleagues
- Short communication channels
- Lifelong treatment concept
- Reimbursement for the
  - Diagnostic,
  - Conservative Therapy,
  - Treatment before surgery,
  - Surgery and
  - lifelong Follow-Up

In Germany so far without a financing concept

st. marienhospital  
friesoythe

